



## Northwest Christian Early Learning Tooth Brushing Policy and Plan 2021-2022

Per Washington State Law, WAC 110-300-0180:2, Northwest Christian Early Learning Program is to offer children who are in our program more than four hours per day, an opportunity for developmentally appropriate tooth brushing activities.

The parent or guardian of a child may opt out of the daily tooth brushing activities by filling out, signing the section below and returning this form to your campus EL Director.

If you would like your child to brush their teeth after lunch, please provide the following items in their lunch box each day.

1. Clean toothbrush stored in a new Ziplock bag labeled with their name
  - a. Please rinse toothbrush and put in new bag each day.
2. Small tube of toothpaste, labeled with their name
3. Disposable 3-4oz Dixie cup

### Tooth brushing procedure

1. After eating lunch, the teacher will put a dab of toothpaste on your child's brush.
2. Child will brush their teeth while sitting at the table.
3. Toothbrush will be put back into Ziplock bag
4. Once finished they will spit into the dixie cup, which be thrown away.
5. Child will return toothbrush to lunchbox
6. Child will wash hands and face.

I wish to have my child participate in tooth brushing while in care and will follow the above directions that Northwest Christian Preschool has put in place.

Opt-Out: I do not wish to have my child participate in tooth brushing while in care at Northwest Christian Early Learning Preschool.

Child's Name: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Return to school by September 17, 2021**

