



## Illness Guidelines

**We appreciate your commitment to have your student at school, however, please do not send your student to school if they have any of the following:**

- **Coughing**, chronic cough – if persistent and accompanied by other symptoms such as fever, loss of appetite, and rapid, noisy, obstructive breathing.
- **Diarrhea** – students can return to school 24 hours after last event.
- **Eyes** – reddened and irritated, thick mucus or pus draining from the eye.
- **Fever** – temperature of 100.4 degrees Fahrenheit or higher. To allow him/her to fully recover and to guard against a relapse of the illness, please keep your student at home for a full 24 hours after his/her temperature has returned to normal without the use of Tylenol, ibuprofen, or cold medications that contain Tylenol or ibuprofen.
- **Head Lice** – students can return to school 24 hours after completed lice treatment and no evidence of eggs (nits) or lice in the student’s hair.
- **Nasal Discharge** – thick, green nasal discharge.
- **Sore Throat** – especially when the student has a fever or swollen neck glands.
- **Vomiting** – students can return to school 24 hours after last event.
- **COVID-19 Symptoms** – please follow NWCS COVID-19 procedures.

If your student shows any of the above symptoms while at school, it will be necessary to pick him/her up from school. We recommend for all students presenting with the symptoms listed above to be evaluated by their primary health care provider.