



Health Services FAQ

Our School Nurse, Mackenzi Kershinar, BSN, RN oversees health care services at each NWC campus. Clear communication between you and your child, your health care provider, and school staff is the key to supporting your child at school. Please contact Mrs. Kershinar directly to discuss your child's specific health care needs.

Do I need to complete medical paperwork for my student?

Students with chronic health conditions (asthma, seizure disorder, life-threatening allergies, diabetes, etc.) will need a completed Health Care Plan on file prior to the first day of school. A new Care Plan is required for every new school year dated on or after July 1.

Students requiring medication to be given during the school day will need a Medication Request Form or Self-Carry Medication Request Form (Upper Campus students only) on file prior to the first day of school. A new Medication Request Form is required for every new school year dated on or after July 1.

Since most students do not require daily medication or emergency medication at school, most parents will not need to complete any medical paperwork before starting school. However, some parents like to have a Medication Request Form or Self-Carry Medication Request Form filled out at the beginning of the school year so that their student can readily have access to medication at school if needed. Examples include Tums for upset stomach, Tylenol for headaches, allergy medication for seasonal allergies, etc.

Where can I find the medication forms?

The NWCS Medication Administration Policy, Medication Request Form, Self-Carry Medication Request Form and blank asthma, severe allergy / anaphylaxis, and seizure Care Plans can all be accessed on the NWC website under Parent Resources.

Can I send the medication to school in my student's backpack?

Medication must be brought to the Front Office by the parent / Legal Guardian, unless the student is approved for self-carrying the medication.

What about medications during field trips?

Medications that are normally given during the school day and already have a form on file do not need a new form filled out for a field trip.

Overnight trip? Have a night-time or early morning medication? Taking a medication during a field trip that is normally administered before or after school hours requires a new order form. This form needs to be submitted when field trip forms are due.



What about medications during field trips? (continued)

Need to self-carry during a field trip? Make sure that your family physician indicates that a student needs to self-carry on the Care Plan. Allowing a student to self-carry medication is subject to approval by school administration.

Students with diabetes follow different procedures; please contact the School Nurse to discuss your student's Care Plan.

Where do I turn in Athletic Physical Forms?

Athletic Physical Forms are due every 2 years for athletes in grades 7th – 12th. You will need to upload your student's completed Athletic Physical Forms through FinalForms. For more information, please visit nwcathletics.org.

How to contact your School Nurse?

Mackenzi Kershinar, BSN, RN
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Phone: 509-292-6700 x107
Fax: 509-292-6713
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Disclaimer

Each student's confidentiality will be maintained to the extent possible by school staff. At times, school personnel outside of the health services program may need to be made aware by health services staff that a student is receiving medication in order to monitor effectiveness, possible side effects, adverse reactions, or in response to other legitimate school related issues or responsibilities. Information will be shared on a need-to-know basis only.